

Cross Country Meets 2020 Season

Six meets will be held during the season.

Each meet will be held on a Sunday, first race starting at 9 a.m.

There will be 3 locations, with two meets held at each location.

Meet date	Location
Sept. 20	Utica District Park, 10200 Old Frederick Pike, Frederick, MD
Sept. 27	Damascus Community Center, 25520 Oak Drive, Damascus, MD
Oct. 4	Old National Pike District Park, 12406 Old National Pike (Rt. 144), Mt. Airy, MD
Oct. 11	Utica District Park
Oct. 18	Damascus Community Center
Oct. 25	Old National Pike District Park

Distances: 2K, 3K, 4K and 5K

Note: There will be NO 1K race distance.

There will be a limit on the number of runners each club can enter per race. Therefore we need families to confirm which races they will bring runners to at least a week before the scheduled race. The club coaches will provide the meet organizers with the names of runners.

If you would like your child to participate in the meet, please fill out a **meet participation interest form** and submit it in the box provided at practices. Only families that have filled out a form with their meet preferences will be eligible to participate.

Thank you for your understanding and cooperation in this new system.

Meet participation interest form

The following runners are interested in participating in meets with the Olney Cross Country Club. Please **circle the dates/locations** you are interested in. Also write in the info on each runner that is interested in participating in the spaces below

9/20 Utica District Park, Frederick

9/27 Damascus Community Center, Damascus

10/4 Old Nat. Pike Regnl Park, Mt. Airy

10/11 Utica District Park, Frederick

10/18 Damascus Community Center, Damascus

10/25 Old Nat. Pike Regnl Park, Mt. Airy

Runner name DOB M/F

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The following runners are interested in participating in meets with the Olney Cross Country Club. Please **circle the dates/locations** you are interested in. Also write in the info on each runner that is interested in participating in the spaces below

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