



## Freedom Flyers Youth Cross Country Meet Sunday, October 3, 2021

**LOCATION:** Century High School | 355 Ronsdale Road | Sykesville, MD 21784

**MEET DIRECTORS:** Erin Lavelle ([Erin.Lavelle@FreedomFlyers.club](mailto:Erin.Lavelle@FreedomFlyers.club))  
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**ELIGIBILITY:** Youth races are open to athletes aged 6 to 18 years old (by the end of 2021). The 5k is open to all athletes aged 15 (by the end of 2021) and over. Unattached athletes are welcome.

**AGE GROUPS:** Athlete age is determined by the age they will be on December 31, 2021. Awards will be given in the age groups listed below.

- 6 and under (Born 2015 and later) – 1 km
- 7 to 8 year-old (Born 2013 and 2014) – 2km
- 9 to 10 year-old (Born 2011 and 2012) – 3 km
- 11 to 12 year-old (Born 2009 and 2010) – 3 km
- 13 to 14 year-old (Born 2007 and 2008) – 4 km
- High School – 15 to 18 year-old (Born 2006 and earlier, must be in high school) – 5 km
- Open/Coaches (Over 18) – 5 km

**MEET REGISTRATION:** Meet cost is \$10 per athlete and registration must be done on Athletic.net by Thursday, September 30<sup>th</sup>, 2021 at 9:00 pm. **THERE WILL BE NO SAME DAY REGISTRATION.**

**PACKET PICKUP:** Packets can be picked up from the Bullseye Running timing table at the finish line.

**AWARDS:** Awards will be distributed to the top 20 athletes in each age/gender division approximately 5 minutes after the 20<sup>th</sup> place finisher has crossed the line. Please note, these athletes will be held near the finish line until the results have been finalized. Parents and spectators are welcome to gather at the outdoor stage for the awards ceremony.

Individual Awards –

- Aged 6 to 14 – Top 3 will receive medals and ribbons for 4<sup>th</sup> through 20<sup>th</sup> place
- High School – Top 3 will receive medals and ribbons for 4<sup>th</sup> through 10<sup>th</sup> place.
- Open/Coaches – Top 3 will receive medals for each gender.

Team Awards – Top 3 teams for each age/gender (age 7/8 to 13/14) will receive ribbons for the top 5 finishers. These ribbons will be given to the team coach after the results have been finalized.

**NO AWARDS WILL BE MAILED AFTER THE EVENT. MAKE SURE YOUR ATHLETES STAY FOR THE AWARDS CEREMONY AND COACHES PICKUP TEAM AWARDS**

**TEAM SCORING:** In an effort to include more teams, scoring will be for the top 3 runners on a team in each age/gender. However, awards will be given to the top 5 runners on the placing teams. Only one team per age/gender will be scored and there is no need to declare a team during registration.

**SPECTATORS: NO PARENTS OR ATHLETES ARE ALLOWED TO PACE OR RUN WITH THE ATHLETES AGED 7 AND ABOVE.**

No tents are allowed in the stadium. Spectators are encouraged to setup in the open field near the finish line.

**CONCESSIONS:** There will be no concessions sold. Water will be available at the finish line for athletes only.

**RESULTS:** Live results will be posted at [Bullseye.tf](http://Bullseye.tf). Any discrepancies or problems with results should immediately be brought to the attention of the timing company, Bullseye Running.

**COURSES:** Course maps are located at [tinyurl.com/revfj853](http://tinyurl.com/revfj853). There are no formal course walks, but athletes and coaches are welcome to come early to do a self-guided walk. Courses will be open at 10:00 am. Flags and paint color for each course will match the color displayed on the map.

White – 1 km  
Blue – 2 km  
Yellow – 3 km  
Pink – 4 km  
Red – 5 km

**MEET SCHEDULE:** NO RACE WILL START BEFORE THE PUBLISHED TIME! If the meet is running late, the next race will start immediately after the previous race finishes. If necessary for safety reasons, the 4k may be staggered, girls starting approximately 5 minutes after the boys.

6 & Under	1 km	Boys/Girls	1:00 pm
7/8	2 km	Boys/Girls	1:30 pm
9/10	3 km	Boys Girls	2:00 pm 2:30 pm
11/12	3 km	Boys Girls	3:00 pm 3:30 pm
13/14	4 km	Boys/Girls	4:00 pm
HS/Open/Coaches	5 km	Men/Women	4:30 pm

